



Strategic Review of Health Inequalities
in England post-2010

The use of a life course approach in England

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Fair Society, Healthy Lives

The Marmot Review



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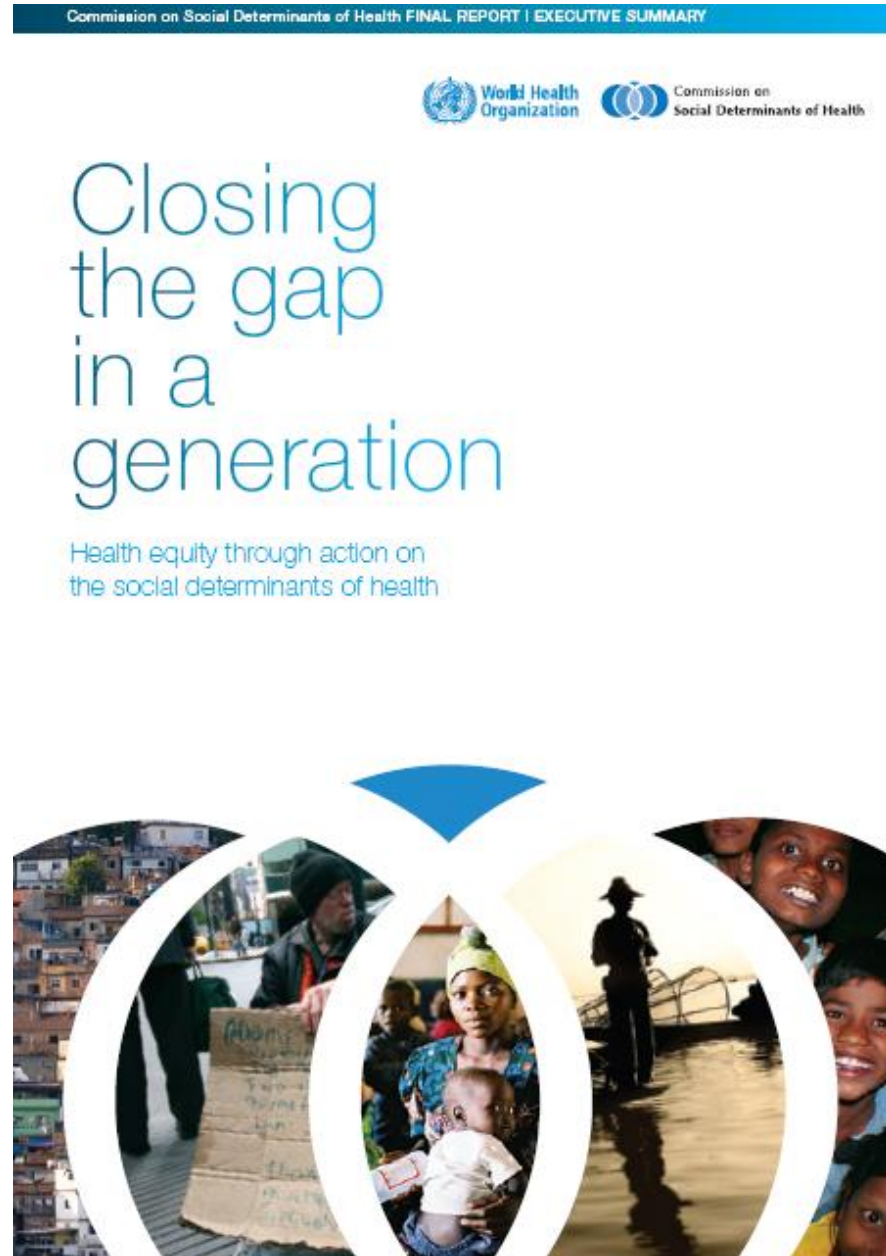


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Key principles

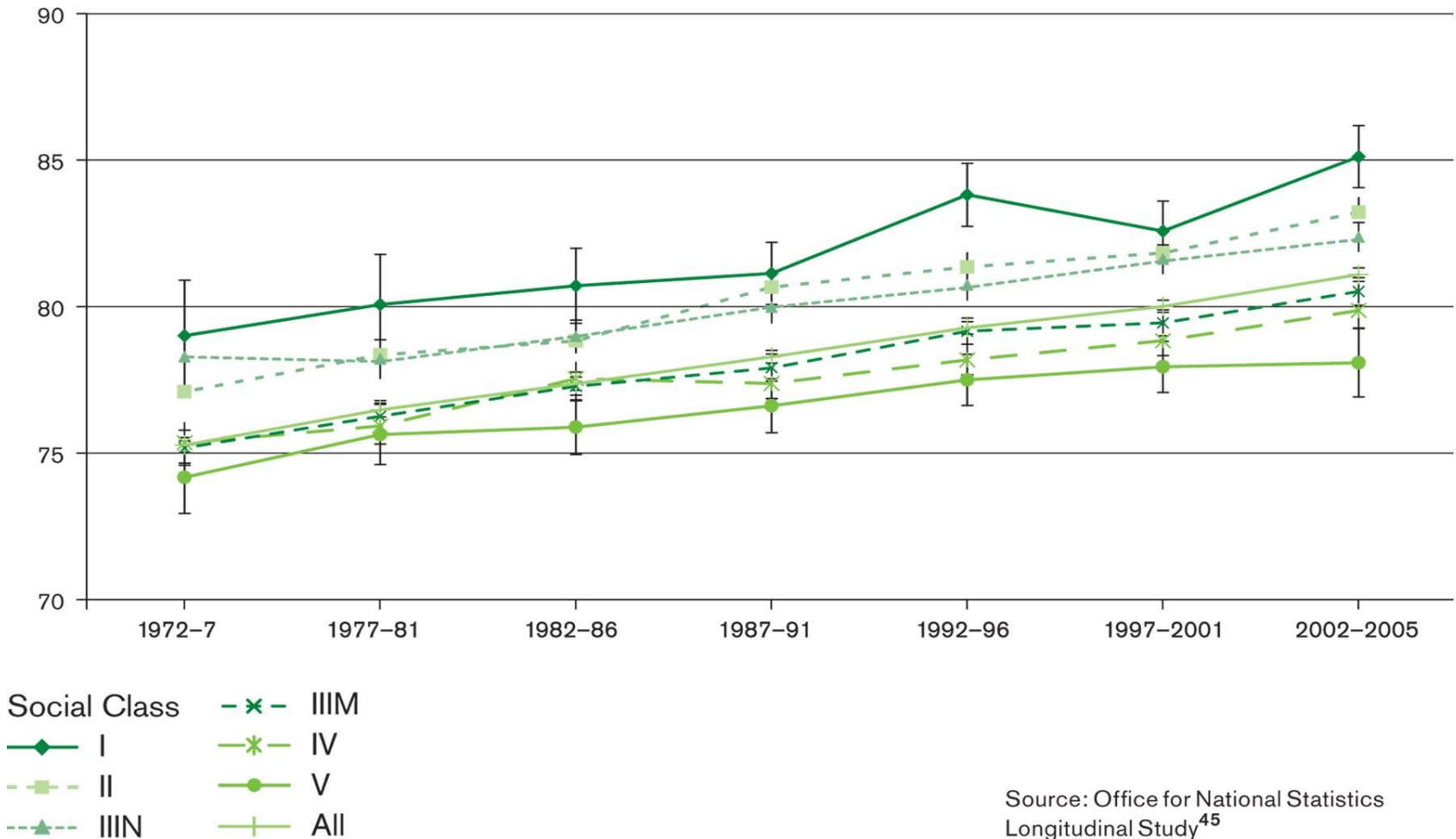
- Social justice
- Material, psychosocial, political empowerment
- Creating the conditions for people to have control of their lives

www.who.int/social_determinants



Life expectancy at birth by social class, females England and Wales 1972-2005

Years



Life course stages

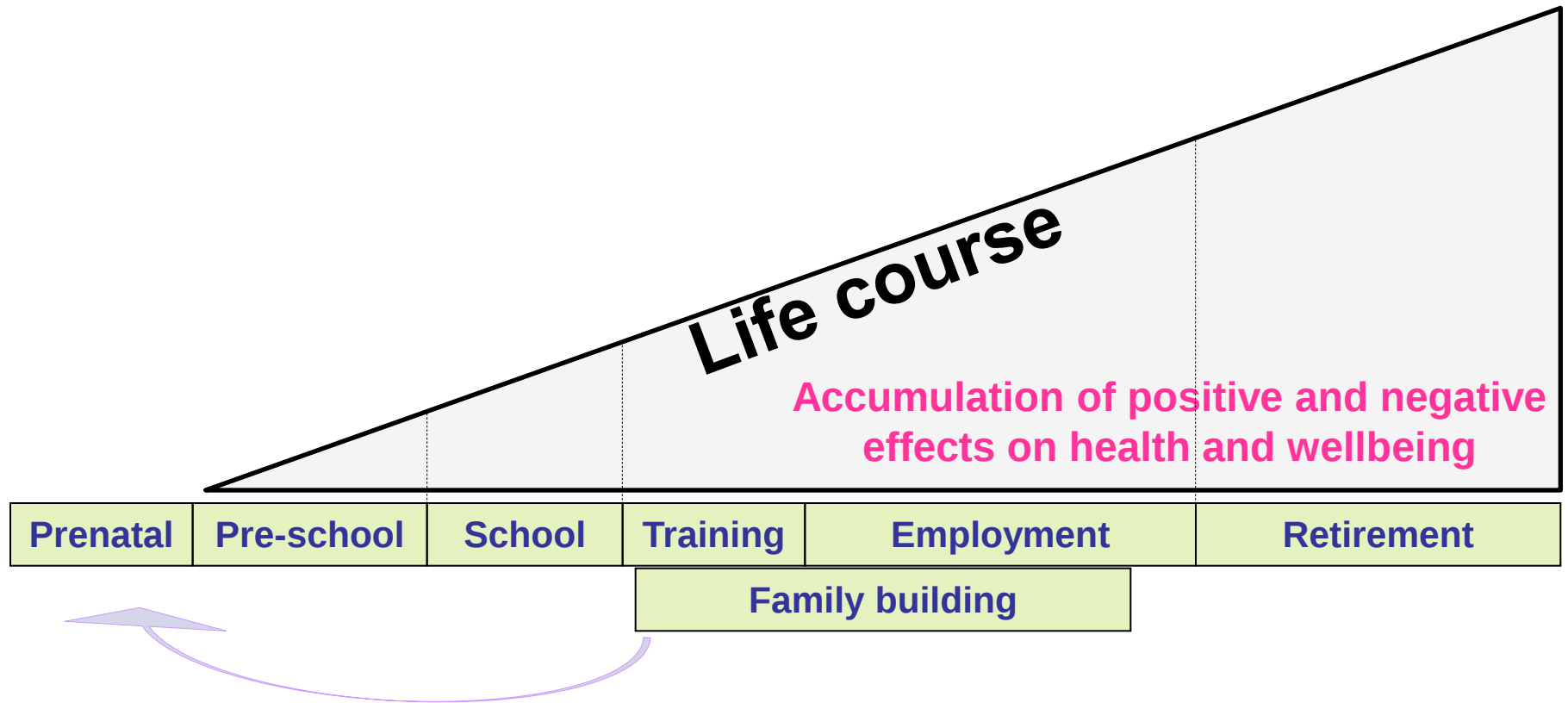
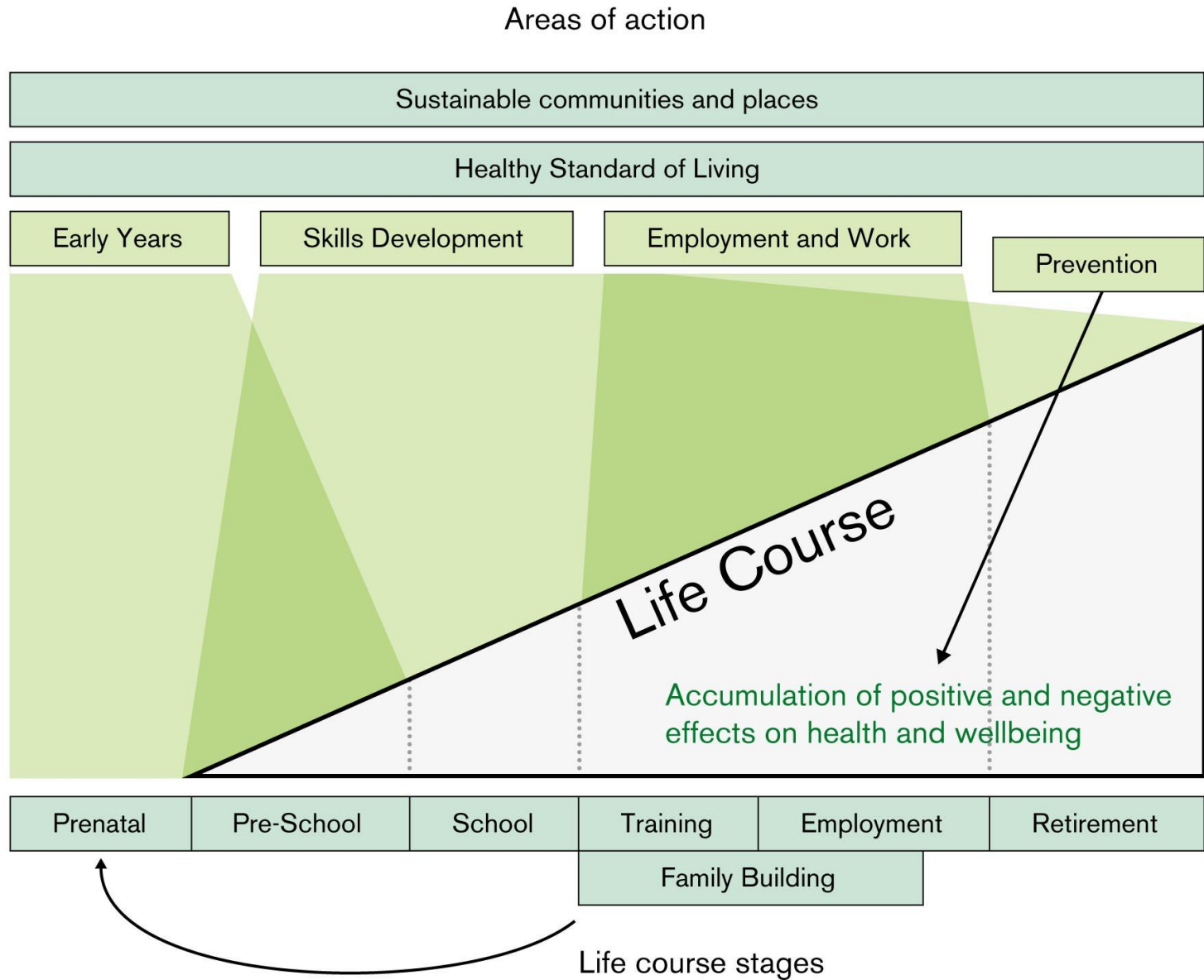


Figure 5 Action across the life course



POLICY OBJECTIVES



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A) Give every child the best start in life.

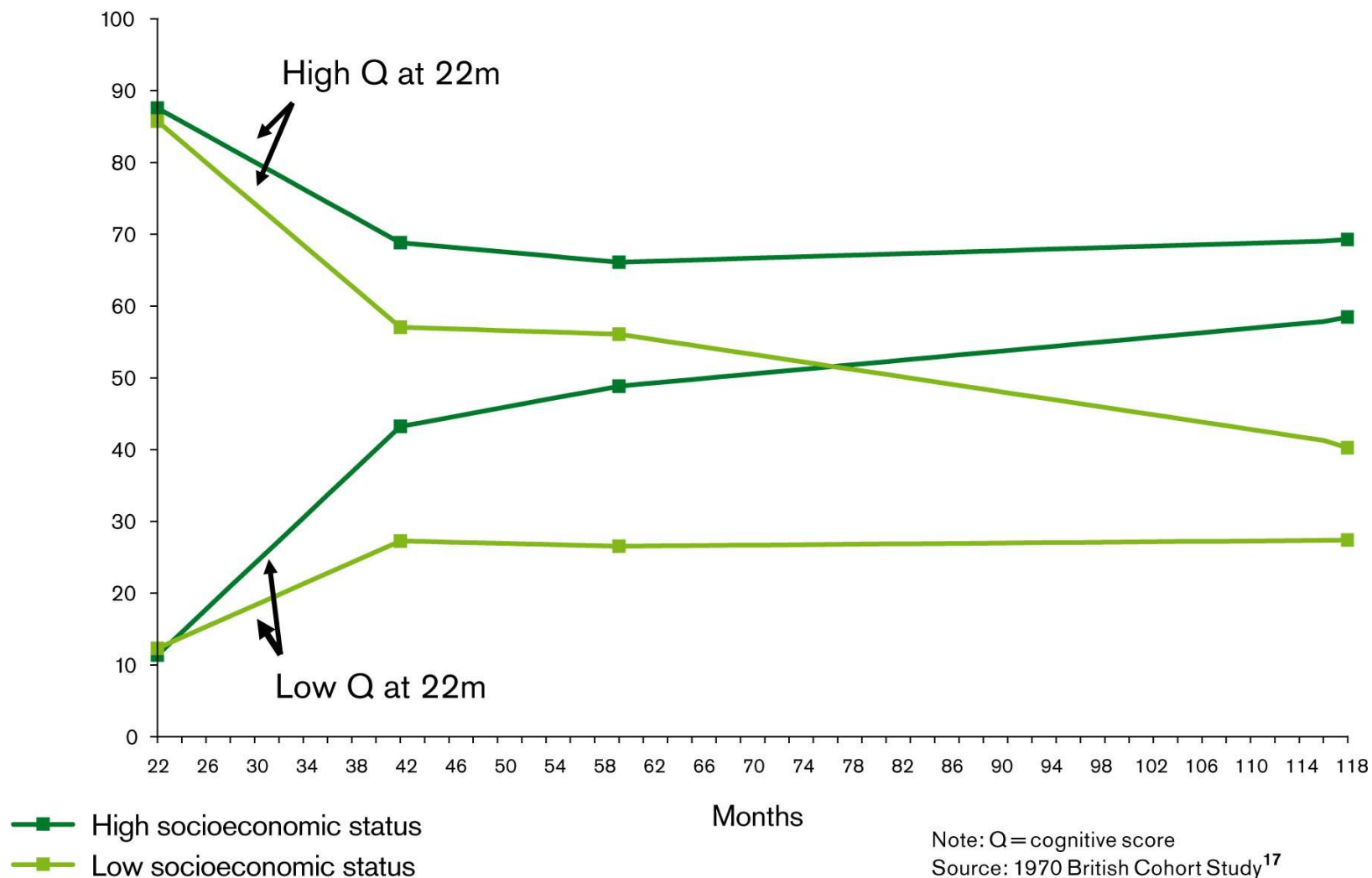
Priority objectives

1. Reduce inequalities in the early development of physical and emotional health, and cognitive, linguistic, and social skills.
2. Ensure high quality maternity services, parenting programmes, childcare and early years education to meet need across the social gradient.
3. Build the resilience and well-being of young children across the social gradient.



Figure 6 Inequality in early cognitive development of children in the 1970 British Cohort Study, at ages 22 months to 10 years

Average position
in distribution



B) Enable all children, young people and adults to maximise their capabilities and have control over their lives.

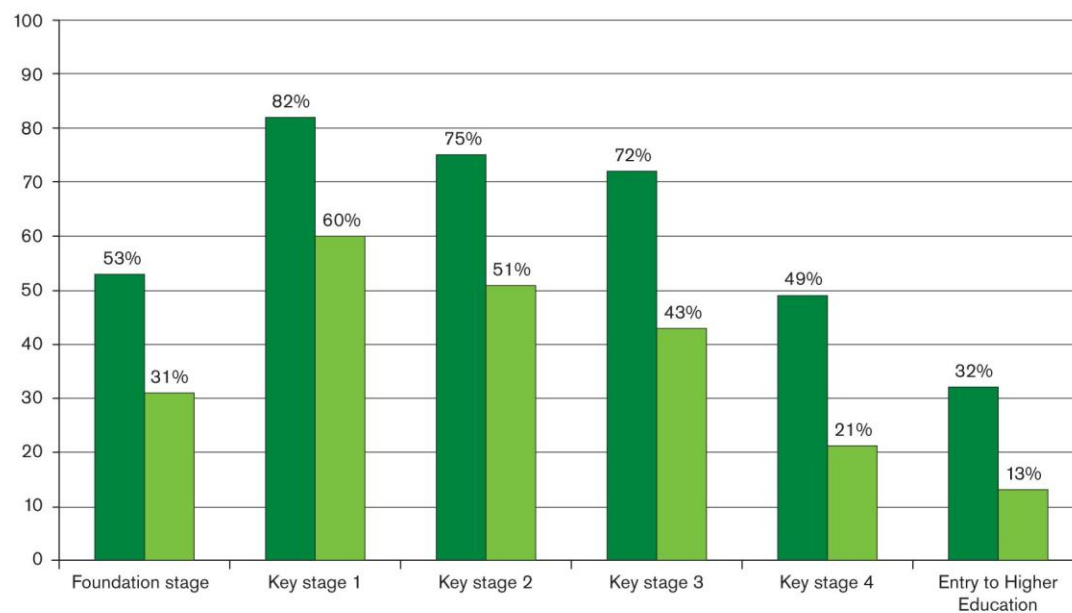
Priority objectives

1. Reduce the social gradient in skills and qualifications.
2. Ensure that schools, families and communities work in partnership to reduce the gradient in health, well-being and resilience of children and young people.
3. Improve the access and use of quality lifelong learning across the social gradient.



Figure 2.23 Attainment gap from early years to higher education by eligibility for free school meals, 2009

Percentage reaching
expected level



■ Not eligible for free school meals
■ Eligible for free school meals

Source: Department for Children,
Schools and Families and Higher
Education Statistics Agency¹⁰⁷

C) Create fair employment and good work for all.

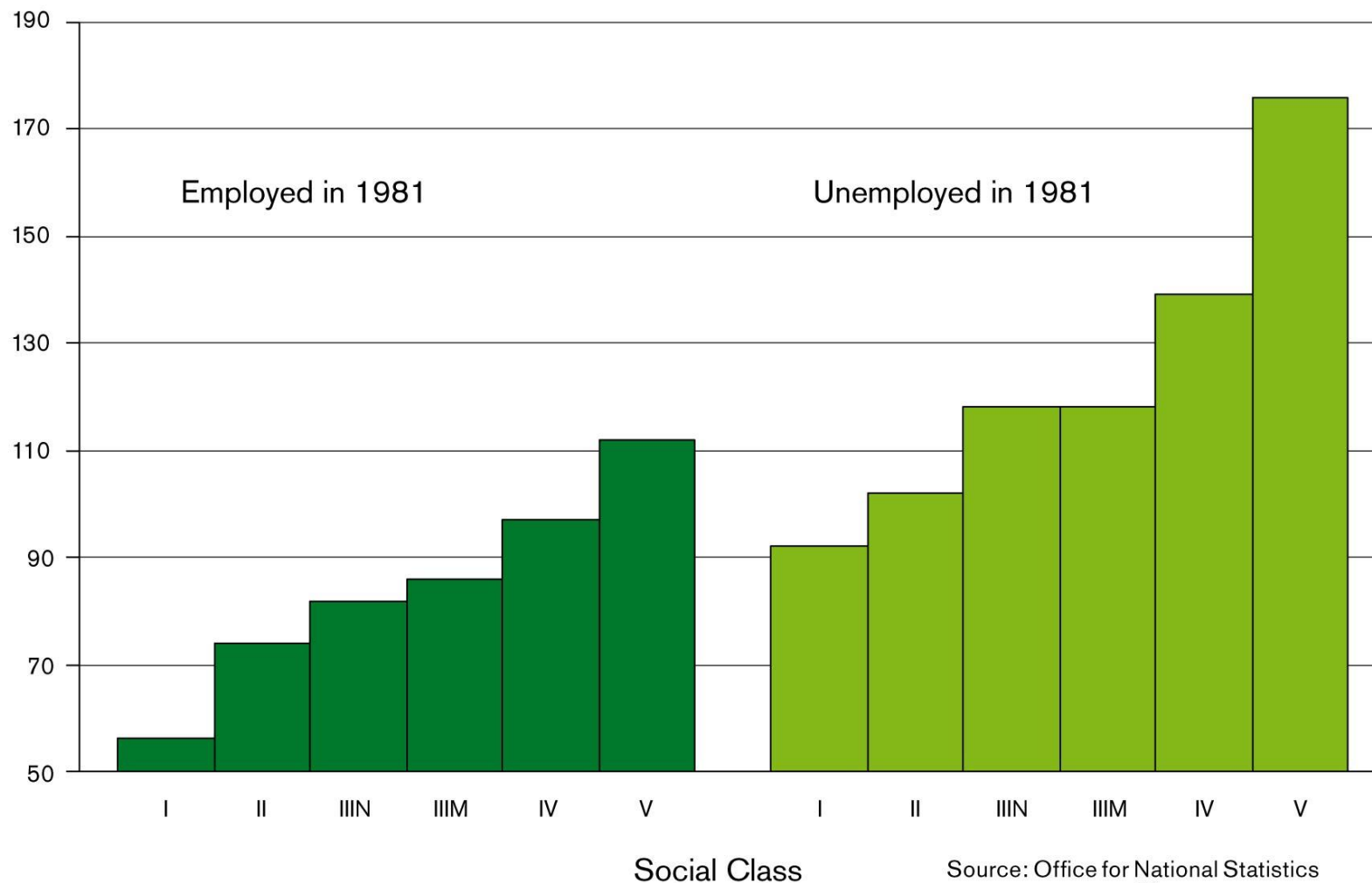
Priority objectives

1. Improve access to good jobs and reduce long-term unemployment across the social gradient.
2. Make it easier for people who are disadvantaged in the labour market to obtain and keep work.
3. Improve quality of jobs across the social gradient.



Figure 8 Mortality of men in England and Wales in 1981–92, by social class and employment status at the 1981 Census

Standardised
Mortality Rate



Source: Office for National Statistics
Longitudinal Study¹⁹

D) Ensure healthy standard of living for all.

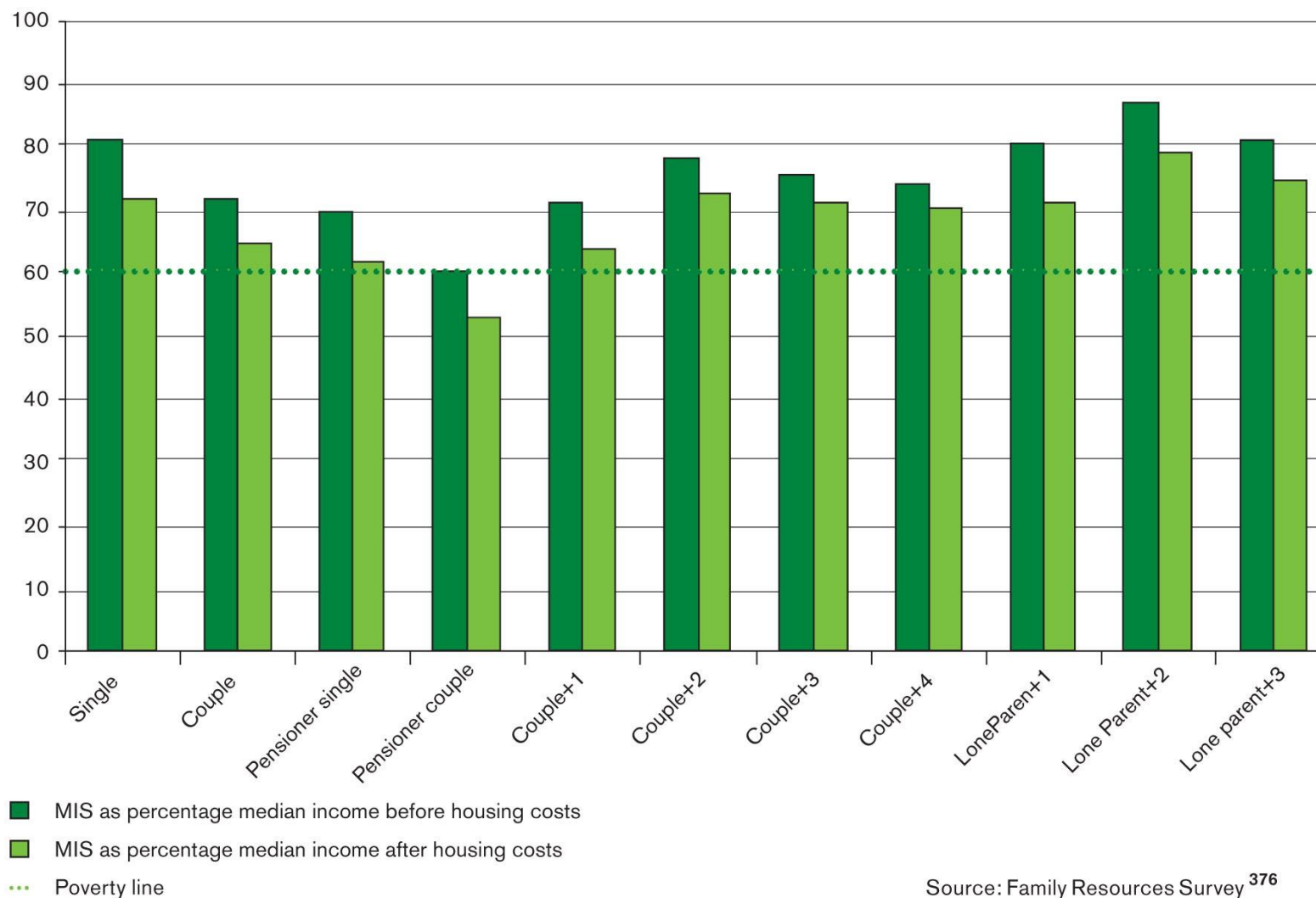
Priority objectives

1. Establish a minimum income for healthy living for people of all ages.
2. Reduce the social gradient in the standard of living through progressive taxation and other fiscal policies.
3. Reduce the cliff edges faced by people moving between benefits and work.



Figure 4.5 Minimum Income Standard as a percentage of median income, April 2008³⁷⁵

Per cent of
median income



Source: Family Resources Survey³⁷⁶

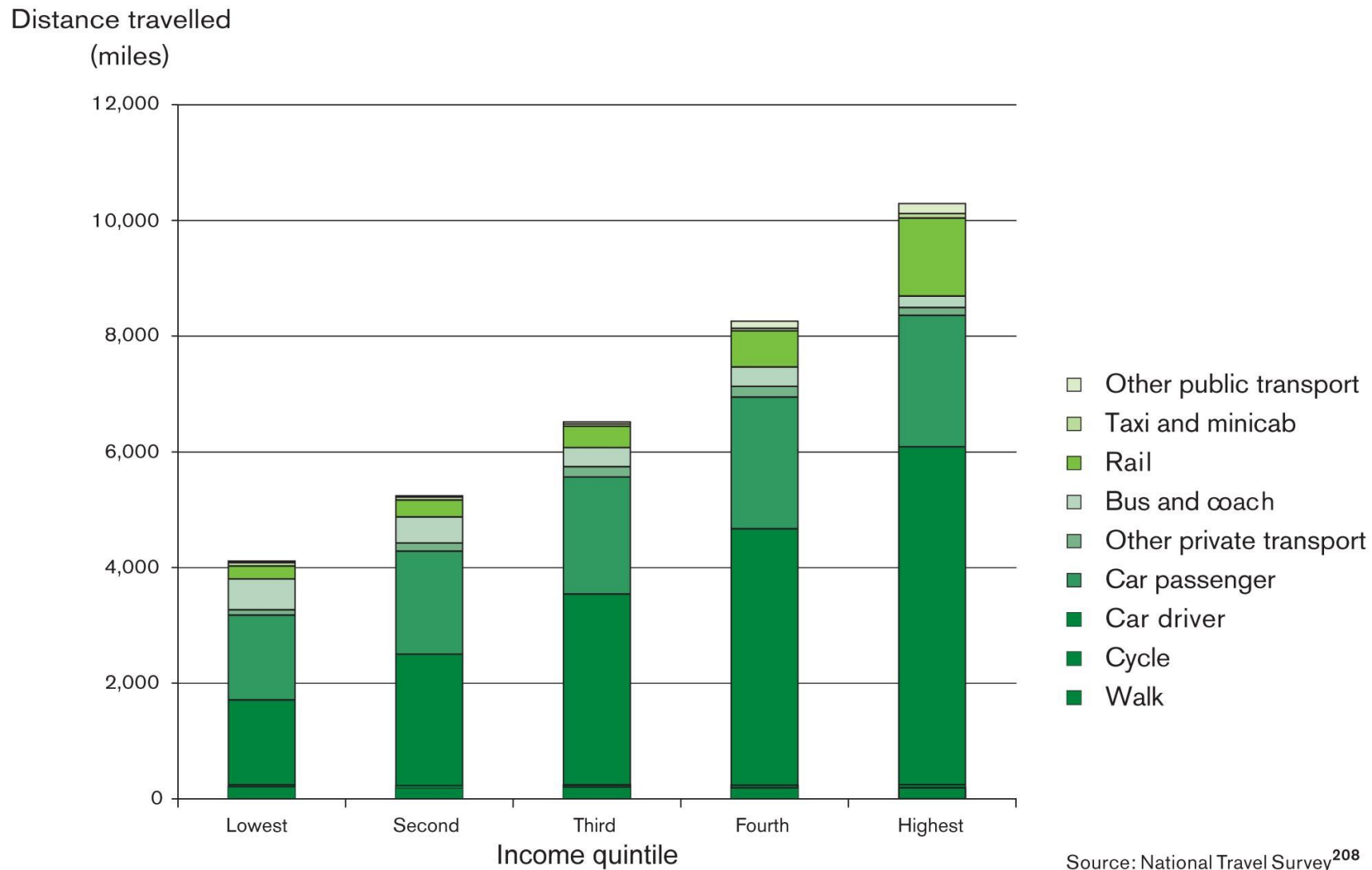
E) Create and develop healthy and sustainable places and communities

Priority objectives

1. Develop common policies to reduce the scale and impact of climate change and health inequalities.
2. Improve community capital and reduce social isolation across the social gradient.



Figure 2.41 Distance travelled per person per year in Great Britain, by household income quintile and mode, 2008



F) Strengthen the role and impact of ill-health prevention.

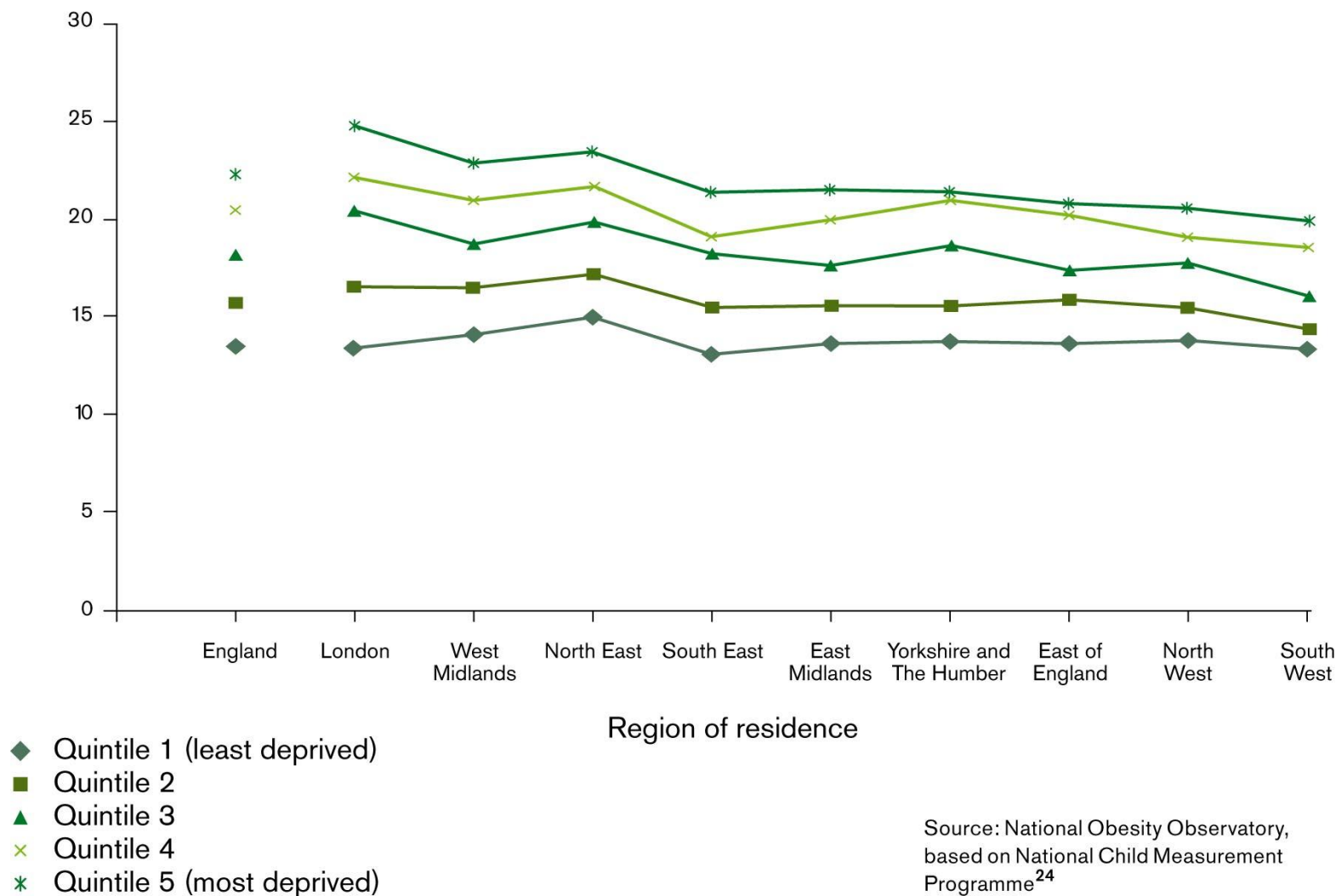
Priority objectives

1. Prioritise prevention and early detection of those conditions most strongly related to health inequalities.
2. Increase availability of long-term and sustainable funding in ill-health prevention across the social gradient.



Figure 11 Prevalence of obesity (>95th centile), by region and deprivation quintile, children aged 10–11 years, 2007/8

Prevalence of obesity



Final Report and evidence
available online

For further information

www.marmotreview.org/



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