



LET'S WALK TOGETHER – IN THE NAME OF HEART FAILURE!

Monday 28 May 2018, 6 p.m.

Heart failure is a chronic heart disease which affects an increasing number of people. Approximately 10% of the population over the age of 60 will develop this serious condition. Heart failure patients usually suffer from a severe impairment of their physical capacity and of their quality of life. In addition to pharmacological treatment options and device therapies, physical training plays an important role for heart failure patients.

The Heart Failure Specialists of Tomorrow (HoT)-Walk is a public awareness event taking place during the Heart Failure Congress organized by the Heart Failure Association every year. This event is organized in collaboration with the Austrian Working Group on Heart Failure of the Austrian Society of Cardiology. It is a health-promoting non-competitive walk, dedicated to patients, healthcare professionals (including physicians, nurses, physiotherapists, etc.) and other people interested in heart failure, designed to promote awareness on Heart Failure and on the benefits of exercise.

- 6:00 p.m.:** Meeting point at the main entrance of Messe Wien, Messeplatz 1, 1020 Vienna (U2 station Messe-Prater)
- 6:30 to 7:30 p.m.:** Walk through the Prater to the Vienna Ferris Wheel and back to Messe Wien
- 7:30 to 8:00 p.m.:** Get-together with refreshments at Messeplatz 1
- 8:00 p.m.:** End of the event

